



















Abriendo Puertas Opening Doors

5 Session Parenting Workshops

Workshop Topics:

- I am my Child's First Teacher; Our Home, My Child's First School/Family Values
- My Child's Growth and Development
- Healthy Body (Nutrition and Physical Activity)
- Healthy Mind (Social-Emotional Well Being)
- My Child, Media and Technology



Session Dates are on Wednesdays

October

15, 22, 29

9-10 am



November

5, 12

9-10 am



For additional information, please contact

Head Start & Early Learning Program

(323) 887-7963